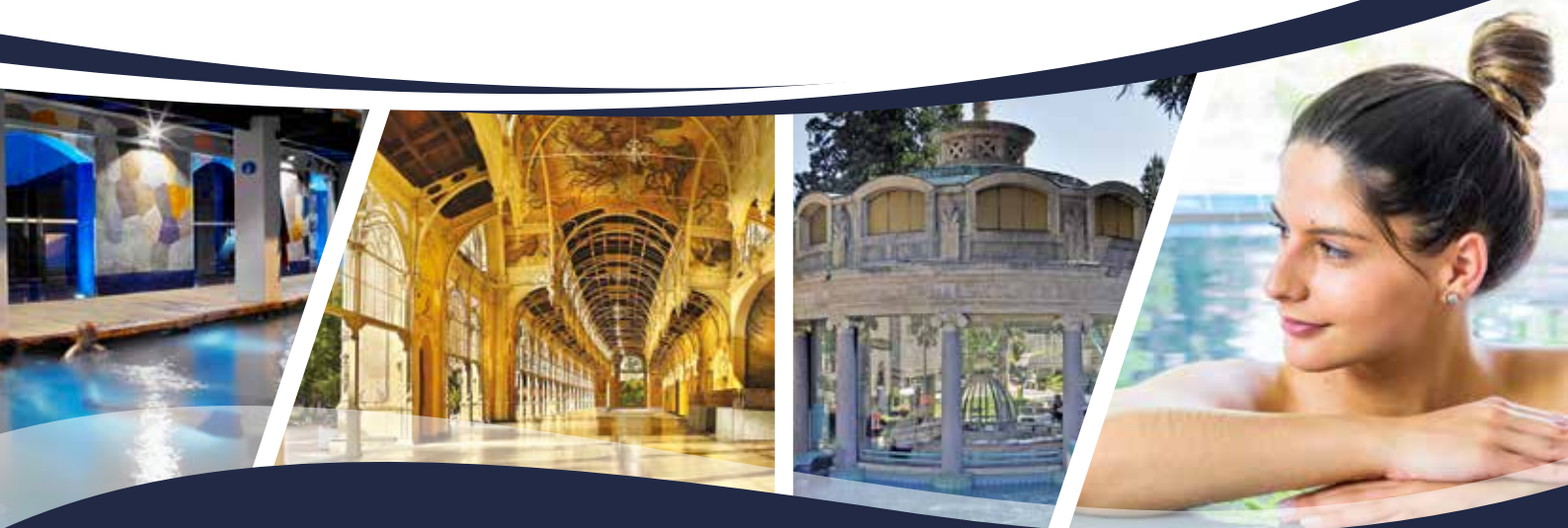




Tourism Packages 2025

Immerse yourself in the
Spa Culture of Europe



GREAT
SPA TOWNS
of Europe



THE EUROPEAN
ROUTE OF
HISTORIC
THERMAL
TOWNS

Cultural route
of the Council of Europe
Itinéraire culturel
du Conseil de l'Europe



European Historic Thermal Towns

Places of Wellbeing & Health, Culture & Heritage



For more than 2000 years people have travelled across Europe to the healing hot-mineral springs which are at the centre of many spa towns around the continent. Over time these towns developed medical centres, pump rooms, and magnificent temples to the art of bathing, along with hotels and infrastructure to keep guests entertained – theatres, casinos, art galleries and concert halls. Parks and gardens are also a beautiful feature of these towns, often with covered walkways and colonnades that celebrate the astonishing nature of its surroundings, the therapeutic landscapes of Europe.

These towns are famous for their festivals – music literature, film, comedy, food and wine... in many cases some of the earliest ones in Europe.

Whether you are searching for a spa break in a vibrant atmosphere full of culture, heritage and entertainment, or a haven of relaxation in a quieter smaller town set in wonderful landscapes, our spa towns are breathtaking destination to pamper yourself and recharge your batteries.



Legend - Packages:

-  Accommodation
-  Culture & Heritage
-  Food & Drinks
-  Massage Treatments
-  Thermal Waters

More information: www.historicthermaltowns.eu

Great Spa Towns of Europe

Eleven towns, Seven Countries, One Remarkable World Heritage Site!

Great Spa Towns of Europe is a group of exceptional European spa towns, which were inscribed on the UNESCO World Heritage List in July 2021. These “Great Spa Towns” represent the best of the European Spa Culture phenomenon which was at its height from the middle of the 18th century to the 1930s.

Mineral-rich and thermal springs were the catalysts for the development of a very special urban landscape, and over time, sometimes over millennia, the towns became renowned as places of healing, culture, architecture, entertainment, and

leisure. Their intangible cultural and artistic heritage, and their influence on European culture is as important as their architecture and natural landscape.

With grand hotels, theatres, concert halls, casinos and conversation houses, these towns were the forerunners of today's modern tourism industry, and they have continued to be fashionable resorts of health, leisure and culture ever since. Each of the eleven towns in this ‘serial transnational’ World Heritage Site continues the living tradition of using their waters for health, through drinking and bathing – the perfect places to relax in body mind or spirit.

More information: www.greatspatownsofeurope.eu



Operetta Magic



Package includes:

- ▶ 2-night stay in the room of your choice;
- ▶ Buffet breakfast;
- ▶ 1 x guided city tour (SAT at 2 p.m.);
- ▶ 1 x invitation to the Grand Casino for a glass of sparkling wine;
- ▶ 1 x Baden VIP card incl. wine tasting in the Baden Hauervinothek;
- ▶ 1 x theater plate;
- ▶ 1 x ticket for an operetta in the summer arena or a musical in the Stadttheater Baden in category 2 according to schedule 2025.

Availability: On Request

*Summer schedule subject to changes.

Code: NIBAHH7

Price: from € 247,00 per person in double room

More information:

<https://www.mondial-reisen.com/en/offers/badener-operettenzauber>



Festival La Gacilly-Baden Photo



Package includes:

- ▶ 2-night stay at the 4* Hotel Herzoghof;
- ▶ Buffet breakfast;
- ▶ 1 x historical city tour (Saturday at 14.00h).
- ▶ 1 x guided tour of the photo festival (Thursday & Saturday);
- ▶ 1 x admission to the Arnulf Rainer Museum;
- ▶ Baden VIP Card incl. wine tasting in the Badener Hauervinothek.

Availability: On request.

Code: NIBAHH8

Price: from € 153,00 per person in double room.

More information:

<https://mondial-reisen.com/de/offers/festival-la-gacilly-baden>



Yellow gold - Healing power of sulfur!



Package includes:

- ▶ 7-night stay, full-board & Roman spa Baden.
- ▶ Bathrobe, bath towel & bag for the time of your stay.
- ▶ 1 medical examination;
- ▶ 3 x sulfur baths;
- ▶ 2 x sulfur mud packs part;
- ▶ 1 x hydro-jet massage (15 min);
- ▶ 1 x healing massage (25 min);
- ▶ 1 x magnetic field treatment;
- ▶ 1 x guided Nordic walking tour;
- ▶ 1 x guided city tour (always Saturday at 14.00 h);
- ▶ 1 x wine tasting menu.

Availability High Season: On request.

Price: from € 1.055,00 per person in double room.

Availability Low Season: On request.

Price: from € 955,00 per person in double room.

More information:

www.badenerhof.at/angebot-detailseite/gelbes-gold-2022



La Reine Experience


Hôtel La Reine enjoys a peaceful location in the town of Spa, less than 15 minutes' walk from the Thermes de Spa. It features free Wi-Fi and a magnificent terrace.

Package includes:

- ▶ Day use at "Thermes de Spa";
- ▶ 4 course meal for 2 people at the restaurant «La cour de la Reine»;
- ▶ 2 entrances to the Thermes of Spa for 3hours;
- ▶ 1 bottle of bubbles in the room;
- ▶ Access to the entertainment room;
- ▶ 2 x balneotherapy treatments;

Price: € 280,00 per room.

Availability: All year-round, on request.

More information:

Phone: +32 (0)87 77 52 10

Email: info@lareine.be

www.thermesdespa.com/hotel-la-reine-1-2km-2/

Thermes de Spa


The hotel overlooks the valley and Lake Warfaaz. The 24 new design bedrooms open on to a bathroom looking to the beautiful valleys of the Ardennes.

Package includes:

- ▶ 1-night stay;
- ▶ Breakfast;
- ▶ 1 welcome drink (cava cup);
- ▶ 3 hour-access to the "Thermes de Spa";
- ▶ Access to the Wellness Center including swimming pool, sauna, hammam, jacuzzi, fitness room and relaxation room.

Price: from € 206,00 per room

More information:

Phone: +32 (0) 87 79 32 50

Email: reservations@silvahotel.be

<http://www.silvahotelspabalmoral.be>

Gastronomy & Relaxation in Spa


All the charm of Spa is to be found in Hôtel l'Auberge, which has been welcoming visitors for more than 30 years with attentiveness and great hospitality..

Package includes:

- ▶ 1-night stay;
- ▶ Breakfast;
- ▶ Coffee and tea available in the room;
- ▶ A bottle of Spa mineral water in the room;
- ▶ 5-course dinner at L'Auberge restaurant;
- ▶ A selection of wines, soft drinks, water, coffee and tee for dinner;
- ▶ One round trip to the spa centre Thermes de Spa by funicular railway;
- ▶ Admission to the thermal baths (3hs) (valid for: indoor and outdoor pools, sauna, jacuzzi and hammam);
- ▶ An entry to the casino with a free drink (min. age 21).

Price: from € 359,00 per room.

More information:

Phone: +32 (0)87 77 48 33

Email: info@hotel-thermes.be

<http://www.auberge-spa.be>

SPA Thermal Experience


Discover the SPA Thermal Experience at Van der Valk Hotel Spa, a true invitation to well-being and relaxation. Enjoy a comfortable overnight stay designed with your utmost comfort in mind, savor a delicious three-course menu crafted by our talented chef, and indulge in three hours of pure relaxation at our 800m² spa, featuring baths, a sauna, and a hammam.

This carefully designed package offers a moment of total disconnection, where serenity and escape take precedence over everyday life. Let yourself be carried away by this unique and rejuvenating experience.

Package includes:

- ▶ Overnight accommodation in a 4* room;
- ▶ 3-course menus in our restaurant;
- ▶ Buffet breakfast with bubbles;
- ▶ 3-hour access to the SPA thermal baths.

More information:

Phone: +32 87 27 97 00

Email: reception@valkspa.be



"IT Matters" Health Programme



The programme is specially tailored for employees in the ICT sector. Programme is created to help preserve health, as well as treat specific diseases related to the nature of work, i.e., a predominantly sedentary lifestyle.

Package includes:

- ▶ Full board accommodation in Spa hotel Termal;
- ▶ First and final examination by a specialist physiatrist doctor;
- ▶ Therapeutic procedures under the expert supervision of physical therapists - Pearl baths, McKenzie exercises, Hull stabilization exercises, InterX, Electrical procedures, partial manual massage, Sigma (proprioceptive pad);
- ▶ Therapeutic procedures under the expert supervision of kinesiologists - assessment of static and dynamic parameters associated with maintaining balance; PowerPlate vibrating platform, exercises for the cardiovascular system, cycling, stepper, orbitrek, stretching exercises;
- ▶ Unlimited use of the pool with thermal water;
- ▶ Unlimited internet access (wi-fi);
- ▶ Free parking.

Availability: All year-round, on request.

Price: 10 Days Programme (twin room): € 1.080,00*
10 Days Programme (single room): € 1.270,00*

*Prices are per person, and do not include tourist tax of € 1,50 per day and one-time reception fee (€ 1,30).

Health Programme "Time for Me"



You may feel like it's impossible to plan the future, but things can change quickly. At this point, it is crucial to adjust the mindset towards discovering new things and this is easier with an active holiday.

Package includes:

- ▶ Full board accommodation at the Spa hotel Termal with a diet plan.
- ▶ Examination of a specialist in physical medicine and rehabilitation.
- ▶ Initial diagnosis: spirometry, anthropometry.
- ▶ 2 x outdoor breathing exercises.
- ▶ Analysis of body mass composition and adjusted diet recommended by nutritionists.
- ▶ Therapeutic procedures under the supervision of physical therapists (underwater massage in the bath, exercises for body regeneration, outdoor breathing).
- ▶ Therapeutic procedures under the supervision of a kinesiologist (assessment of static and dynamic parameters associated with maintaining equilibrium; PowerPlate - Vibrating Platform, exercises for the cardiovascular system).
- ▶ Control examination by a specialist physiatrist doctor.
- ▶ Nordic walking in the spa park and trim trail forest park.
- ▶ Unlimited use of swimming pool with healing thermal water.
- ▶ Walking tour of the town and its cultural and historical sites accompanied by a licensed tourist guide.

Availability: All year-round, on request.

Price: 10 Days Programme (twin room): € 864,00*
10 Days Programme (single room): € 1.092,00*

*Prices are per person, and do not include tourist tax of € 1,50 per day and one-time reception fee (€ 1,30).

More information:

Daruvarske toplice Thermal Spa
Phone +385 43 623 000 / +385 43 623 624
Email: rezervacije@daruvarske-toplice.hr
www.daruvarske-toplice.hr



Come to enjoy the beautiful scenery of the city of Mariánské Lázně to gain new energy, and treat your health problems. We would like to offer you traditional treatment aimed to solve your problems of the circulatory system, the digestive system, metabolic disorders and glands with internal secretion, the respiratory system, the locomotor system, and the urinary system. Our medical team is ready to recommend suitable procedures directly for you.

Package includes:

- ▶ 7-night stay;
- ▶ Half-board;
- ▶ Welcome gift;
- ▶ Initial medical examination;
- ▶ 3 x treatment procedures per night according to the doctor's prescription.

For stays of 12 nights or more:

- ▶ 1x laboratory analysis according to the doctor's recommendation;
- ▶ Water intake directly in the hotel - 2 unique mineral springs - Augustin & Edward VII;
- ▶ Wellness set (bathrobe, slippers, towel) for the duration of the stay;
- ▶ Free entrance to the hotel relaxation centre (swimming pool, sauna, whirlpool);
- ▶ 10 % discount on other procedures offered;
- ▶ Wi-Fi free of charge.

Accompanying program outside the hotel:

- ▶ Discover the spa town with a tourist card - free transport around the city and admission to monuments - or with a discount;
- ▶ Guided tours for children and adults;
- ▶ Audio guide SmartGuide.

Price: All-year round, on request and subject to availability.

More information:

<https://www.marianskelazne.cz/en/accommodation/>

The natural healing resources as the clean air and beautiful nature are a promise for emotional and physical wellbeing. In Františkovy Lázně there are 21 cold natural mineral springs, natural carbon dioxide, and sulphate ferrous peat for the balneotherapy and drinking cures.

You can consult the specialist spa doctor on the applied spa treatments, your overall health condition, and dietary recommendations - holistic approach guaranteed.

Finally, enjoy your free time in pleasant company with afternoon teas, evening dances or attending to the galleries and the theatre.

Package includes:

- ▶ 6-night stay;
- ▶ Full-board - three main meals: breakfast, lunch, and dinner, served as buffet;
- ▶ 18 wellness spa procedure according to the specified offer and the doctor's recommendation at the initial medical examination: various wellness massages, oxygen therapy, inhalation, whirlpool and carbon dioxide baths, isothermal peat baths, Kneipp hydrotherapy, reflexology, physiotherapy, and exercises;
- ▶ Free entrance to the wellness centre / relaxation pool - subject to the availability in the spa or wellness hotel.
- ▶ Parking in the spa town.

Price: from € 440,00 per person.

More information:

<https://www.frantiskovy-lazne.info/en/accommodation>



Royat-Chamalières

A Stay in Auvergne



Come and relax in the hot thermal waters all year-round.

Enjoy indoor and outdoor baths, take advantage of circuits specifically designed for your well-being, and benefit from the virtues of the sauna and hammam "Zen" room.

Package includes:

- ▶ 1-night stay in double room;
- ▶ Half-board;
- ▶ A Zenith massage (30 min). Feet, hands and head, leading to an awakening of the senses, serenity and overall relaxation;
- ▶ 10-hour Tempo Pass to enjoy the Royatonic baths, saunas and hammams in complete freedom (€5 deposit included).

Availability: from 01/01/2025 to 12/31/2025

Hotel: Royal Saint-Mart***

Price: from € 320 per person in double occupancy.

More information:

<https://www.auvergne-thermale.com/sejours/le-sejour-en-auvergne-a-royat-chamalieres/>



Vichy



Sources of Wellbeing



Founded around the unique benefits of Vichy hot mineral water, a naturally pure spring water, Vichy Thermal Resort & Spa bases its entire experience on this gift of nature to offer you the best of thermal medicine for your well-being stays.

Package includes:

- ▶ 1-night stay at the Vichy Célestins Spa Hôtel in double occupancy;
- ▶ 1 day of treatment;
- ▶ Breakfast;
- ▶ A Trio of "Signature" treatments with Vichy thermal water: Hydromassage bath with Vichy thermal water + Vegetable-mineral mud wrap + Vichy Shower, 2-hand massage;
- ▶ The Thermal Spa Pass (giant Vichy thermal water bath, Hammam & Saunas, Ice fountain, Cold water bath for light legs, ORGANIC herbal tea room, Cardio-training area).

Availability: On request.

Price: Vichy Celestins Spa Hotels**** from €272.00 per room in double occupancy.

More information: <https://www.auvergne-thermale.com/sejours/escapade-signature-thermale-a-vichy-celestins/>



Sairme - Largest Mountain Resort



Sairme, one of the largest resorts in Europe, is located 930 meters above sea level and spans 60 hectares. It offers climate and landscape therapy, complemented by rejuvenating mineral drinking and thermal waters. The wellness center features approximately 80 treatments, including therapeutic, preventive, and relaxation procedures, all leveraging the healing properties of thermal water.

The resort features two thermal pools with mineral water sourced from a depth of 1,500 meters, naturally emerging at 40-43°C and maintained at 27-29°C. Lithia in the pools enhances emotional well-being and aids neurological treatment.

Package includes:

- ▶ Accommodations with full board meal plan;
- ▶ First consultation with a doctor ;
- ▶ Drinking mineral springs procedures;
- ▶ Inside transportation.

Medical Treatment includes (7-10 days):

Thermal mineral water is effective in treating various types of musculoskeletal, neuromuscular, skin, and oral mucosal diseases. Thermal water treatments are available in packages ranging from 7 to 21 days for therapeutic and rehabilitation purposes.

Treatment Packages:

- ▶ The standard wellness/rehabilitation package;
- ▶ Chronic fatigue Syndrome;
- ▶ Menopause;
- ▶ Andropause;
- ▶ Urinary Stone Diseases;
- ▶ Cystitis;
- ▶ Insomnia.

Availability: All year round. On request.

Price: from € 124.00 per day

**Plus applicable Treatment Package*

More information:

Phone: +995 032 240 45 45

Email: reservations@sairmeresort.ge

<http://sairme.com.ge/>



Park Resort Tskaltubo



Tskaltubo is one of the oldest balneological resort in the world. The resort is famous for its unique thermal radon mineral water, known as the "Water of Immortality". It is distinguished by such physio-chemical properties, which have no analogues in the world. The natural temperature of the water is 33-35°C at any time of the year and has unique healing properties.

In total, "Water of Immortality" can cure about 60 diseases. Among them bone- cartilaginous, muscular, cardiovascular, nervous system, gynecological and skin diseases are particularly effective.

Package includes:

- ▶ Standard healing package accommodation with half board;
- ▶ Doctor check up;
- ▶ Mineral water bath;
- ▶ Partial healing body massage;
- ▶ Physiotherapy.

"Be Healthy" Spring #2 is equipped with state-of-the-art technology, guests have the opportunity to be treated to thermal-radon water baths under the supervision of professional doctors, to use the latests physiotherapy equipment, to consult a qualified doctor, and to undergo a vast variety of relaxation, cosmetology, and spa procedures. The treatment program is selected individually for every guest.

Availability: All year round. On request.

Price: from € 96.00 per day for 2 people.

More information:

Phone: +995 596 602 525

Email: hotel@parkresort.ge

<http://www.parkresort.ge>



Georgia

Borjomi Likani Health & Spa Center



The Luxury 5-Star Hotel Borjomi Likani is located 177 km from Tbilisi, in the heart of a coniferous park in Borjomi, renowned for its naturally carbonated mineral water.

The hotel's Health Center is key to its success, with professional doctors creating personalized treatment plans. Using the curative properties of Borjomi mineral water, treatments include drinking therapy, baths, showers, inhalations, and more—beneficial for gastrointestinal, liver, kidney, metabolic, and nervous system disorders.

Guests also have access to a state-of-the-art rehabilitation and diagnostic center, equipped with the latest medical technology for a truly restorative experience.

Package includes (7 or more nights):

- ▶ Hotel accommodation;
- ▶ Full board meal plan;
- ▶ Array of medical treatments indicated below:
 - ▶ 1 Doctor Therapist Consultation;
 - ▶ 1 General blood analysis;
 - ▶ 1 General urine analysis;
 - ▶ 1 Glucose;
 - ▶ 2 Pearl bath;
 - ▶ 2 Vishy shower;
 - ▶ 3 Ascending shower;
 - ▶ 1 Mineral bath;
 - ▶ 1 Manual underwater massage;
 - ▶ 2 Gums lavage with mineral water;
 - ▶ 2 Inhalation with mineral water;
 - ▶ 2 Physiotherapy (1 zone);
 - ▶ 2 Paraffin therapy (1 zone).

Availability: All year round.

Price: from € 128.00 per day

**Prices vary based on seasons, packages and room types.*

More information:

Phone: +995 032 240 45 45

Email: info@borjomilikaniresort.com

<http://www.borjomilikaniresort.com>



Tbilisi Balneological Spa Resort



Tbilisi Balneological Spa Resort offers unique healing procedures: such as mineral, and sulfur water procedures, and healing mud procedures of volcanic origin, medical rehabilitation, and a wide diversity of spa procedures.

Tbilisi Balneological Spa Resort is the only place in Georgia that combines four main directions: Balneology, Wellness Spa, Rehabilitation and Medical.

The unique blend of sulfur water and volcanic mud, along with the tailored treatments offered in each division, makes Tbilisi Balneological Spa Resort a significant location for both locals and tourists seeking healing and relaxation. Visitors not only enjoy the health benefits of these natural resources but also have the opportunity to experience the rich culture and history of Tbilisi.

Day Spa

Package includes:

- ▶ Relaxation Room with sulfur pools and thermal, hot stones;
- ▶ Underwater Massage;
- ▶ Grape seed Massage;
- ▶ Halotherapy.

Price: € 87.00

Day Spa Couple

Package includes:

- ▶ Relaxation Room with sulfur pools and thermal, hot stones;
- ▶ Steam Room;
- ▶ Turkish Sauna;
- ▶ Saperavi wine spa;
- ▶ Duo/Couples Massage.

Price: € 150.00

Availability: All year round. On request.

More information:

Phone: +032 2 43 90 90

Email: info@balneo.ge

<https://www.facebook.com/balneo.ge/>



Bad Homburg

Kur-Royal Day Spa / Royal Relaxing



It's as if Mother Nature had her own favorite places, those that she treats more lovingly and showers more richly with gifts than others. Here in Bad Homburg, it's especially hard to shake off this impression. No wonder this unique place has attracted such illustrious guests right from the start. In fact, not so long ago kings and princes were regularly to be seen in Bad Homburg. They came from all over the world to rest, relax and regenerate. Even the German Kaiser greatly appreciated this idyllic spa town located at the foot of the Taunus mountains, its "champagne" air, its exclusive atmosphere, its casino and its parks.

More than anything else, Bad Homburg owes its power of attraction to its unique spa culture. By the end-1800s the spa town's international public was enjoying the healing, wonderfully soothing treatments of the Kaiser Wilhelm Bad, the former spa of princes. Today, this institution is as popular as ever. What's more, it is actually gaining in attractiveness. For it now has something very special to offer.

- ▶ **2 hour visit** Mo-Th € 25,00
Fr, Sa, Su, public holidays € 28,00
- ▶ **4 hour visit** Mo-Th € 40,00
Fr, Sa, Su, public holidays € 44,00
- ▶ **Day visit** Mo-Su € 69,00
incl. Snack – 2 softdrinks, wrap
or salad, coffee and cake.

More information:

www.kur-royal.de

Find your hotel:

<https://www.bad-homburg.de/de/erleben/geniessen/uebernachten>



Bad Ems



Experience World Heritage



This short break is perfect for getting to know the new UNESCO World Heritage Site Bad Ems as part of the Great Spa Towns of Europe.

Package includes:

- ▶ 2-night stay accommodation.
- ▶ Half-board on Saturday with buffet.
- ▶ Varied breakfast buffet on Saturday and Sunday.
- ▶ Enjoy a particularly relaxed arrival on Friday and dinner (Thermen Hotel restaurant until 9:30 p.m. or in the Halberts Thermen Restaurant until 11 p.m. (consumption is not included in the price).
- ▶ Free use of the spacious Emser Therme with thermal landscape and sauna park on over 6,600 m².
- ▶ ThermenLandschaft open exclusively for hotel guests from 8 a.m.
- ▶ Access to the Emser Therme.
- ▶ Welcome bag with bathrobe, bath towel and slippers.
- ▶ 1 bottle of water daily per room.
- ▶ High-quality thermal cosmetics in the room.
- ▶ Use of the FitnessPanorama of the Emser Therme, including fitness courses.
- ▶ Free WIFI

Availability: All year round, from Friday to Sunday. On request. Subject to availability.

Price: € 268,00 per person in double room.
€ 356,00 per person in single room.

More information:

<https://www.emser-thermenhotel.de/zimmer-und-preise/preise-angebote/sparangebote/winterwochenende>



Bad Kissingen



Be relaxed in Bad Kissingen



The combination of benefits offers the perfect opportunity to take a time out from your daily routine and just relax.

Package includes:

- ▶ 2-night stay with breakfast (apartment without breakfast);
- ▶ 1 day ticket for the KissSalis Therme (thermal bath) with access to the SaunaPark;
- ▶ 1 fruit smoothie;
- ▶ 1 mud application or 1 peeling with a duration of 30 minutes in the KissSalis Therme;
- ▶ 1 welcome-bag with Bad Kissingen guest card.

Availability: All year round.

Prices: from € 189,00 per person in double room.

More information: <http://www.badkissingen.de/PauschalangebotBadKissingenentspannt>

World Heritage in Bad Kissingen



The combination of services allows guests to experience what makes Bad Kissingen a UNESCO World Heritage Site as one of the Great Spa Towns of Europe.

Package includes:

- ▶ 3-night stay, with breakfast;
- ▶ 1 free entry to the historical buildings and spa facilities;
- ▶ 1 historic tour through Bad Kissingen;
- ▶ 1 x coffee and cake in the stelllichein (Café) of the Kaiserhof Victoria or in the Palais Erthal;
- ▶ 1 travel on the 'Gecko Bahn' (train) (one of two tours);
- ▶ 1 free entry to the "Museum Obere Saline";
- ▶ 1 entry to the 'Bayerische Spielbank' Casino;
- ▶ 1 hiking map;
- ▶ 1 welcome-bag with Bad Kissingen guest card.

Availability: All year round.

Prices: from € 526,00 per person in double room.

More information: www.bad-kissingen.de/pauschalangebote

Wiesbaden

Kaiser-Friedrich-Therme



Massages: Partial massage includes treatment of the back, neck and shoulder area. Full body massage includes treatment of arms and legs:

Massage treatments:

- | | |
|---------------------|---------------|
| ▶ Body massage | from: € 33,00 |
| ▶ Ayurvedic massage | from: € 36,00 |
| ▶ Aroma massage | from: € 36,00 |

More information:

<https://www.mattiaqua.de/thermen/kaiser-friedrich-therme/angebote/>

Relax in Wiesbaden



As one of Europe's oldest spa towns, Wiesbaden offers visitors a unique blend of relaxation and cultural exploration. The city is home to numerous elegant spa houses and thermal baths where visitors can unwind and rejuvenate in the healing waters that have attracted visitors for centuries.

Package includes:

- ▶ 1-night stay in a hotel of the chosen category;
- ▶ Breakfast;
- ▶ Entrance to the Aukammtal Thermal Bath (Pool & Sauna);
- ▶ Coffee & Cake in Wiesbaden café;
- ▶ Wiesbaden Card;
- ▶ Surprise gift.

Availability: All year round. On request.

Prices: from € 111,50

More information:

Wiesbaden Congress & Marketing GmbH.

Phone: +49 611 - 17 29 777

<https://tourismus.wiesbaden.de/buchen/pauschalangebote.php>



Loutra Pozar

Pozar Thermal Baths



Loutra Pozar is nestled in a picturesque setting surrounded by lush greenery and mountains, in the Pella region of northern Greece. The natural beauty of the area adds to the overall tranquil and rejuvenating experience for visitors.

Facilities: the thermal baths offer a range of facilities, including indoor and outdoor pools fed by the thermal waters. Visitors can enjoy the warmth of the water while taking in the stunning natural surroundings. There are also private baths for those seeking a more intimate experience.

Entrance fee:

- ▶ Outdoor facilities (waterfall or pool) : € 3,00/person (no time restriction, suggested for 30 minutes).
- ▶ Indoor facilities (indoor pool): € 13,00 / 2 persons (30' by appointment only).

Discounts:

- ▶ Group of Students for Outdoor facilities (waterfall or pool): € 2,00/pp;
- ▶ Families (+ 3 children) for outdoor facilities (waterfall or pool): € 2,00/pp. Indoor pool 20% discount.
- ▶ People with disabilities for outdoor facilities (waterfall or pool): € 2,00/pp and for indoor € 5,00/ 2 persons.

Availability: All year-round.

More information:

<https://loutrapozar.com.gr/en/>



Montecatini Terme



Visit the Tuscany Region



The 'Garden Spa of Europe', Montecatini Terme, is an oasis of relaxation and well-being, framed by the Valdinievole hills.

A place where thermal cultural tradition is merged with 'Liberty' architecture and green spaces: a perfect place of harmony, ideal for tasting the mineral waters and taking a break surrounded by nature.

The medieval hill town of Montecatini Alto sits overlooks the impressive Tettuccio Terme, found on the wide, leafy boulevard which runs through the town, the Viale Verdi. Since 1898, visitors have ridden up the hill to Montecatini Alto on the brightly painted red carriages of the funicular railway, to admire the views, and take in the atmosphere of its ancient streets - a perfect experience!

Package includes:

- ▶ 7-night stay;
- ▶ Breakfast.

*Spa treatments c/o the establishments are not included on rate

Price: from € 550,00 3* hotel in Double room.

from € 610,00 4* hotel in Double room

More information:

<https://www.montecatinieventi.net/>

<https://www.montecatini-promozione.com/>

<https://booking.ranieritouroperator.com/en/destination/mote-1>

<https://www.primaveratoscana.it/>



Montegrotto Terme/Colli Euganei Natural Park

Dolce Vita Terme & Gourmet



When the rejuvenating experience of the thermal baths intertwines with the typical flavours of the Euganean Hills, unique and special rituals of well-being and taste take shape. An atmosphere of warmth and relaxation, enveloped by the marvellous colours that the seasons offers us, sets the right premises for a break dedicated to purification and energy rituals, and also to food, but refined and healthy, strictly "Gourmet".

Package includes:

- ▶ 2-night stay in Superior double room with balcony;
- ▶ SPA kit with a soft bathrobe for the entire stay;
- ▶ Free access to the Thermal Pools and Luxury Relax Spa area;
- ▶ € 20 discount voucher for your thermal treatments and massages in our wellness centre;
- ▶ Tasty and inviting full-board treatment with poolside breakfast and lunch, gourmet dinner in the panoramic restaurant on the 6th floor.

Additional activities (not included):

Gourmet Experiences:

- ▶ Wednesday / Osterie Meccaniche: www.osteriemeccaniche.it
- ▶ Thursday / Happy Dinner: Aperitif in the hotel's panoramic restaurant
- ▶ Friday / Colli Euganei: Lunch at the Antica Trattoria Ballotta. www.ballotta.it
- ▶ Saturday / Gourmet Kitchen: Dinner on the 6th floor in the panoramic restaurant.
- ▶ Sunday / Light Buffet And Live Kitchen: live kitchen with the best of our territory and themed proposals.

Prices: from € 378,00 per person.

More information: www.grandhotelterme.it



Essence of the Thermal Baths



The hotel offers a wide range of amenities, including thermal pools, spa treatments, relaxation areas, and more. In addition to its spa facilities, the hotel also features comfortable rooms and restaurant services.

Package includes:

- ▶ 2-night stay in "Elegance" double room;
- ▶ Breakfast;
- ▶ Dinner at Hotel Restaurant (drinks not included);
- ▶ Free access to the thermal swimming pools "Panoramica" and Chalet, with whirlpools, cervical waterfalls, and Kneipp;
- ▶ Spa kit (towel and bathrobe);
- ▶ 1 signature body ritual "Origine Neró Spa" 80' per person;
- ▶ 2 hour-access to the Water Path per person with Finnish sauna, salt cabin, hammam, temazcal, kneipp path, turkish-bath, floating salt bath, and relax room.

Prices: from € 396,00 per person. Low season.
from € 428,00 per person. High season and weekends.

More information: www.termepreistoriche.it/

Thermal Mud Treatment



Continental Terme Hotel was built in the mid-1950s and boasts a tradition of hospitality and welcoming. Frequented by a loyal clientele, it is known and appreciated for its elegance and sophistication.

Package includes:

- ▶ 7-night stay with full board;
- ▶ Access to 5 thermal swimming pools;
- ▶ Access to Spa Thalasso with Hammam, Finnish sauna, thermal bio-grotta, ice fall, emotional showers with aromatherapy, and salt room;
- ▶ Access to Spa Aqva&Thermae with soft sauna, Finnish sauna, Hammam, ice room, Roman bath, multi-sensory shower, and geysers;
- ▶ Thermal mud treatment package:
 - ▶ 1 First medical examination;
 - ▶ 6 Mud treatments;
 - ▶ 6 Thermal baths with ozone;
 - ▶ 6 Total body therapeutic massages (20 min);
 - ▶ 1 Bathrobe for treatments.

Availability: from 22/06/2025 to 09/08/2025 &
from 23/11/2025 to 08/12/2025

Prices: from € 986,00 per person.

**Price may vary during holidays periods*

More information: www.continentaltermehotel.it

Hotel Terme Apollo



At our renowned Hotel Terme Apollo, you will find hospitality, professionalism, kindness, but especially thermal wellness and relaxation. The green Euganean Hills environment surrounds our hotel with 19.000 sqm garden and 4 swimming pools at different temperatures.: a true oasis of wellness and tranquillity.

Package includes:

- ▶ 7-night stay;
- ▶ Full-board;
- ▶ Thermal package with 6 treatments;
- ▶ 1 Long Live Spring package per person;
- ▶ Group training exercise;
- ▶ Yoga training course Thursday afternoon;
- ▶ Free entry to the Gym;
- ▶ Kneipp-therapy.

Availability: All-year round. Except high season.

Price: € 2.594,00 per room in double occupancy.

Request code: 3309054

More information:

Email: apollo@termeapollo.it

www.termeapollo.it

Hotel Bristol Buja



Hotel Bristol Buja is known for its elegant atmosphere, impeccable service, and extensive facilities catering to guests seeking a tranquil retreat. The hotel features beautifully appointed rooms and suites, each designed with comfort and style in mind. Many rooms offer stunning views of the surrounding landscape, providing a serene backdrop for guests to unwind. One of the highlights of Hotel Bristol Buja is its state-of-the-art spa and wellness center, where guests can indulge in a wide range of therapeutic treatments and holistic therapies.

Package includes:

- ▶ 3-night stay in classic room;
- ▶ Half-board;
- ▶ 3 Days of mud treatments (medical examination + 3 mud applications with thermal ozone bath + 3 massages (25 minutes);
- ▶ Free access to thermal pools and spa;
- ▶ Free access to the gym;
- ▶ Bathrobe and bath towel.

Availability: All-year round (holidays excluded).

Price: € 565,00 per person in double room.

More information:

Email: info@bristolbuja.it

Phone: +39 0498669390

Wellness & Relaxation in Abano Terme



Immerse yourself in the tranquillity of the Hotel Savoia Thermæ & SPA, a 4* retreat in the heart of Abano Terme. With our exclusive package, we invite you to experience pure relaxation and regeneration. Enjoy a classy and enveloping stay, enriched by our SPA and a dedicated thermal treatment centre. Treat yourself to the privilege of being reborn in an oasis of well-being, where every detail is designed to regenerate mind, body, and spirit..

Package includes:

- ▶ 3-night stay;
- ▶ Half or full-board in a single/double/twin room;
- ▶ 1 sensory body scrub 50';
- ▶ 1 BIO-LIGHT clay application with shower and thermal bath 40';
- ▶ 1 relaxing face and body massage with essential oils of wood, lemon balm and ylang ylang 50';
- ▶ 1 thermal facial cleansing 50';
- ▶ 1 deep tissue massage 50';
- ▶ Bathrobe and towel for the pools, slippers, and bag for the SPA;
- ▶ Access to facilities: sauna, Turkish bath, sensory tunnel with Kneipp path and emotional showers, Fountain of Life to quench your thirst. Indoor & outdoor thermal pools, relaxation area with loungers;
- ▶ Access to fitness room with Technogym® equipment;
- ▶ Activities such as Aquagym, City & mountain-bikes;
- ▶ Free Wi-Fi;
- ▶ Free private parking with uncovered parking spaces subject to availability (covered €10 per day).

Price: Half-board: € 569,00 per person.

*Full-board additional charge: € 20,00 per night per person

More information:

Email: info@savoiaaterme.it

Phone: +39 049 823 11 11

WhatsApp: +39 3484496025

www.savoiaaterme.it



Viterbo

Thermal Springs



Viterbo is famous for its natural thermal springs, which have been enjoyed since ancient times for their healing properties. Two of the main public thermal spaces in Viterbo are the "Piscine Carletti" and "Bullicame".

Terme Salus Resort & Spa



Day Spa:

- ▶ Daily entry for one person;
- ▶ From 10 am to 8 pm.

Price: € 65,00 per person

Tranquillity™ Ritual

- ▶ Minimum 1-night stay;
- ▶ A 50-minute aromatic connective tissue massage for the face and body for two people;
- ▶ Early Spa from 10 a.m.
- ▶ Late Spa until 8 p.m.

Price: from € 560,00 in double occupancy.

Bed and Breakfast & Unlimited Spa:

- ▶ Buffet breakfast;
- ▶ Access to the Thermal Spa with a reserved changing room from 10 a.m. on the day of arrival and until 8 p.m. on the day of departure;

Price: from € 390,00 per person in double occupancy.

More information:

Email: prenotazioni@hotelsalusterme.it
<https://www.hotelsalusterme.it/en/>

Tuscia Terme



Located in a breathtaking natural setting, the Tuscia Thermal Park is a magical retreat where ultimate relaxation awaits.

Guests can enjoy five thermal pools fed by a natural spring, with sulfur-rich waters among the most beneficial in Europe. Each pool offers a different temperature, making it perfect for any season of the year.

Open daily (except Wednesdays)

9 AM – 7 PM (from June 15 to August 31: 9 AM – 9 PM)

Prices (Daily Ticket):

- ▶ April 1 to October 31: Weekdays € 14 | Weekends & public holidays € 20,00;
- ▶ November 1 to March 31: Weekdays €12 | Weekends & public holidays €18,00

*Free amenities: Sunbeds, umbrellas, and lockers (subject to availability).

Please note: Children under the age of 12 are not permitted to enter the park.

More information:

Email: info@tusciaterme.it
<https://www.tusciaterme.it>

Terme Dei Papi-Hotel Niccolò V****



Inside the Terme dei Papi Spa Centre, Hotel Niccolò V offers a monumental pool of two thousand square metres, and filled with hyperthermal waters with extraordinary properties, natural thermal grotto, spa & fitness center, bars & restaurants, private parking.

Package includes:

- ▶ 1-night stay (small to prestige rooms);
- ▶ Half-board (breakfast & dinner).

Price: from € 163,00 per person.

Terme dei Papi

Monumental Pool & Packages

Entrance only to the monumental pool at the following conditions:

- ▶ Adult all-day admission (valid weekdays).
Price: € 18 per person.
- ▶ Adult all-day admission (valid holidays and days leading up to holidays).
Price: € 25 per person.
- ▶ Child all-day admission (ages 2-11 years old).
Price: € 8 per person.

Terme Dei Papi Ritual (Day use):

- ▶ 1 Access to Natural Grotto;
- ▶ 1 Regenerating face and body treatment with Thermal Mud (80 min);
- ▶ Daily access to the monumental pool.

Price: € 130,00 per person (working days).
€ 140,00 per person (holidays).

Thermal Baths Full:

- ▶ 1 Access to Natural Grotto;
- ▶ 1 Access to Vascular Programme;
- ▶ Daily access to the monumental pool.

Price: € 40,00 per person (working days).
€ 50,00 per person (holidays).

*All prices are per person and exclude accommodation tax.

More information:

Email: info@termedeipapi.it
Phone: +39 0761 3501
www.termedeipapi.it/en/home-en/



Chaves-Verín

Visit "The Eurocity of Water"



If you are seeking authenticity and relaxation, come and immerse yourself in nature, history and get to know charming spots. Find a way to get to Chaves-Verín, a thermal town nestled between two countries, and united by a common past with an incredible thermal heritage to witness.

Enjoy the north of Spain and Portugal at once in a single weekend.

Vidago Palace Hotel (Chaves-Portugal):

- ▶ 1-night stay in double occupancy room;
- ▶ Buffet breakfast;
- ▶ Access to the Spa.

*Important: Does not includes spa treatments or Golf.

Price: € 350,00 per room, per night.

More information:

www.vidagopalace.com

Parador de Monterrei Castle (Verín-Spain):

- ▶ 1-night stay in standard double room;
- ▶ Breakfast;
- ▶ Personalised services: Bottle of sparkling wine, Strawberries or chocolate and sweets, VIP treatment.

Price: from € 109,00 per room, per night.

More information:

www.parador.es/en/paradores/parador-castillo-de-monterrei

Complementary & Cultural offer



Chaves Termas & SPA:

- ▶ Aquae Energy Program (1 day) Sauna / Turkish bath + Vichy massage.

Price: from € 67,00 per person.

More information:

www.termasdechaves.com

Bookings:

Ideias Essenciais:

- ▶ Cross Border guided tour and wine tasting at Monterrei (D.O.C Spain or D.O.C Tras-Os-Montes Portugal).

Price: from € 55,00 per person.

More information:

www.ideiasessenciais.pt



Caldas da Rainha

Thermal & SPA Rituals



The world's oldest operating thermal hospital is located in Caldas da Rainha, about 80Km northern of Lisboa on the seaside. Legend, has it that in 1484, Queen D. Leonor, wife of king D. João II, on her way to Batalha, saw a group of people having bath on hot swampy waters. Asking why, she was told that those were healing waters that cured many illnesses.

The bathing facilities and the Thermal Hospital was established in 1485 becoming the first thermal hospital in the world.

These thermal waters are specially indicated for rheumatic and respiratory conditions.

Royal Thermal Discovery

Package includes:

- ▶ Royal Bath;
- ▶ Royal Massage Shower 2 hands.

Price: € 30,50

Royal Thermal Body Refirming

Package includes:

- ▶ Silhouette Bath
- ▶ Jet Shower
- ▶ Body Firming Massage

Price: € 71,50

Royal Total Relax

Day 1:

- ▶ Relax Bath
- ▶ Relaxing Massage with 3 lavender oils

Day 2:

- ▶ Hydromassage
- ▶ Royal 2 hands Shower
- ▶ Bertholaix

Price: € 95,50



Portugal

São Pedro do Sul

Vist São Pedro do Sul



Termas de S. Pedro do Sul is the main spa in Portugal and one of the largest in the Iberian Peninsula. Open throughout the year, it features two thermal spas focused on therapeutic thermalism, physiotherapy, and thermal well-being.

Thermal moments

Package includes:

- ▶ Dynamic pool;
- ▶ Jet shower;
- ▶ Sauna;
- ▶ Emanatory.

Price: € 135,00

2 days Package - Fado



Package includes:

- ▶ 1st Day – Automatic hydromassage bathtub (15') | Localized relaxation massage (20') | Facial massage (20');
- ▶ 2nd Day - Thermal circuit (60') | Shower with general massage (25').

Price: € 125,00

3 days package - Aqva Termal

Package includes:

- ▶ 1st Day – Thermal circuit (60') | Shower with general massage (25');
- ▶ 2nd Day – Automatic hydromassage bathtub (15') | General relaxation massage (40');
- ▶ 3rd Day – Thermal circuit (60') | Hot stone massage (40')

Price: € 190,00

Program for two – Alma

Package includes:

- ▶ Double bathtub (15') | Relaxing massage (50')

Price: € 125,00

More information: <https://termas-spsul.com/>

* All the packages include a free guided tour at Termas de S. Pedro do Sul, as well as free access to the activities. A guided tour to the Roman Facility is available for an extra price of 2€.



Spain / Catalonia

Catalunya Termal

Heritage, Water and Gastronomy



Catalonia is known for its thermal tourism, with various towns offering thermal baths, spas, and wellness centres. These thermal towns attract visitors seeking relaxation, health treatments, and wellness activities.

Currently, a total of 16 municipalities are part of the Catalunya Thermal Towns Association. In these municipalities, there is a great wealth of hydro-mineral resources consisting of mineral, medicinal, and thermal waters.

Caldes de Montbui is a town situated only 30 kilometres from Barcelona, which from distant times has revolved around the hot thermal spring water. It has the privilege of being the first spa town of Catalonia and possesses the best conserved Roman baths in the peninsula. Its waters gush out at 76°C, one of the highest temperatures in Europe!

Package includes:

- ▶ Guided tour of Caldes Old Town (Weekends).
- ▶ Entrance to Thermalia museum.
- ▶ Thermal bath at "El Safareig", an ancient communal washing house converted into a thermal spa.
- ▶ Lunch at a local restaurant.

Price: from € 30,00 per person.

More information: <https://www.visiteucaldes.cat/>

Thermalism by the sea



Caldes d'Estrac is in a charming coastal area near Barcelona, fusing tradition with elegance and modernity. Our thermal waters, celebrated for their healing properties, have captivated wellness seekers for centuries.

Package includes:

- ▶ 2 days/1-night stay at Vila Arenys Hotel (4*).
- ▶ Thermal pool, Hydrotherapy, Vaporarium and Halotherapy (salt cave).
- ▶ Tickets for Fundació Palau (Picasso Museum).

Price: from € 158,00 per person.

More information: <https://www.balnearicaldetes.cat>

* For longer stays, check our prices



Guinness World Records Spa



The main attractions of Vall de Boí are the Aigüestortes and Estany de Sant Maurici National Park, the Baths of Caldes de Boí, the ski runs of Boí-Taüll Resort and the ensemble of Romanesque churches which have been declared World Heritage Site by UNESCO.

Caldes de Boí Spa has 37 types of water that range between 4°C and 56°C. They are especially indicated for rheumatism, respiratory conditions, dermatological conditions of the circulatory system, urinary, digestive, and nervous system.

Package includes:

- ▶ 2-night stay;
- ▶ Breakfast;
- ▶ 1 lunch or dinner at Manantial restaurant (water included);
- ▶ 60 min thermal spa.

Price: from € 180,00 per person in double superior room.

More information: <https://www.caldesdeboi.com/es/>

History, Sports and Thermalism



Caldes de Malavella is well-being, is landscape, is nature, but above all is a place to relax and let yourself be taken care of, inside and outside. Espai Aquae is an interpretation centre for the heritage of the town where you can take a tour of the natural and cultural legacy forged over time by its waters. Don't miss the Roman Baths, the best-preserved remains of the Roman municipality and find out the different thermal fountains around the village.

Package includes:

- ▶ 1-night stay at Hotel Balneari Vichy Catalan;
- ▶ Breakfast;
- ▶ 50 min thermal spa;
- ▶ 50 min massage per person;
- ▶ Tickets to Espai Aquae museum.

Price: from € 261,00 per person in double room.

More information: <https://www.hotelbalnearivichycatalan.com/es/promo-escapada-bienestar/>



Santa Coloma de Farners



Santa Coloma de Farners is the gateway to Les Guilleries, an emblematic region where mountains, lush vegetation, and striking rock formations create an exceptional natural heritage.

But Santa Coloma is also a land of water, particularly thermal waters. Through its thermal circuits, visitors can experience deep relaxation and well-being—an essential escape from the stresses of daily life.

Beyond the spa, a variety of routes and itineraries take you beyond the urban landscape, allowing you to immerse yourself even further in the breathtaking natural beauty of the region.

Package includes:

- ▶ 2 nights at the Hotel Balneari Termes Orion;
- ▶ Breakfast;
- ▶ 2-hour access to the hotel's thermal circuit;
- ▶ Aromatic massage with essential oils (45min);
- ▶ Foot reflexology (30 min);
- ▶ Craniofacial massage (20 min).

Price: from € 346,00 per person.

More information: <https://www.termesorion.cat/es/ofertas-hotel-santa-coloma-de-farners-girona/escapada-relax>



Exploring Europe?

Download our publications to uncover the secrets of thermal destinations?.

Immerse yourself in cultural heritage and discover the therapeutic wonders awaiting you. Plan your journey to relaxation today!



Scan the QR Code to download the Digital Version!

Slovenia

Rogaška Slatina

Optimal Balance



Your wellbeing will return to its ideal state once you reestablish your body's balance. Embrace the diagnostics offered based on laboratory tests.

Package includes:

- ▶ 1 x Initial examination by a balneologist;
- ▶ 1 x Donat drink ticket (up to 7 days);
- ▶ 1 x Laboratory tests;
- ▶ 2 x Magnesium bath;
- ▶ 2 x Magnesium oil massage (30 min.).

Price: upon request and subject to availability

More information: www.visit-rogaska-slatina.si/en/the-health-formula/optimal-balance/

Forest View



Package includes:

- ▶ Primary consultation with a medical specialist;
- ▶ 2-night stay with breakfast;
- ▶ Free entry to the Spa center;
- ▶ Free entry to the Sauna;
- ▶ Free bathrobe and towels in the room/at the pool;
- ▶ Free entry to the fitness center;
- ▶ A bottle of mineral water Donat daily in your room;
- ▶ Parking space.

Price: € 800,00 per person in double room.

More information: www.hotel-aleksander.eu/rooms/double-room-with-forest-view-en/

Anti Age Programme



We highly value the desires and needs of each of our guests, so our program goes beyond our standard procedures, including a number of exclusive spa treatments aimed at enhancing the beneficial effects of the entire program.

Package includes:

- ▶ 7 days program;
- ▶ Medical check-up;
- ▶ Drinking course of Donat water;
- ▶ Sports activities;
- ▶ Medical consultation;
- ▶ Relaxation and spa;
- ▶ Therapeutic complex treatment.

Price: € 3.620,00 per person, Basic 7-days course.

€ 7.095,00 per person, Premium 7-days course.

More information: www.hotel-aleksander.eu/medical/



Ourense Province

Exclusive Wines of Galicia



This very special itinerary makes for an outstanding experience travel experience! Some of the highlights include a trip to Ribeira Sacra (Visits Santo Estevo Monastery, Pedro de Rocas), winery visits and tastings, (Catamaran) boat trips, trip to Ribeiro and to Rías Baixas and a guided visit with panoramic view of the coast and Combarro as well as guided visits of Santiago de Compostela. (Full itinerary on the website).

Package includes:

- ▶ Valid for groups of 25 people.
- ▶ Return train journey from Madrid to our hotel and spa (pending confirmation return timetable frequencies between Chamartín and Ourense).
- ▶ 5-night stay full-board at the Hotel Balneario de Arnoia**** or Laias****
- ▶ Accompanied by official guide throughout the whole programme.
- ▶ All excursions, services, entrance fees and wineries specified in the programme (except the optional).
- ▶ Visit to the Priorato de Razamonde winery.
- ▶ Thermal spa Programme.
- ▶ Travel insurance.

Price: from € 794,00 per person in double room.
Single supplement: € 120,00

More information: Caldaria Hotels and Spas Group.

Phone: +34 902 49 24 00

E-mail: reservas@caldaria.es

www.caldaria.es



Gift Voucher 1



Package includes:

- ▶ 1-night stay accommodation in double occupancy
- ▶ Buffet breakfast
- ▶ Thermal program (per person and stay): 1 hydromassage bathtub, 1 partial relaxation massage (choose from back, legs, or bamboo cane massage)
- ▶ 2 hours per day access to mineral-medicinal water pools (reservation required)

Availability: vouchers valid until 30/12/2024, subject to availability.

Prices: €95,00 per person.

Gift Voucher 2



Package includes:

- ▶ 2-night stay accommodation in double occupancy
- ▶ Half-board (buffet service).
- ▶ Thermal program (per person and stay): 1 hydromassage bathtub, 1 partial relaxation massage (choose from back, legs, or bamboo cane massage)
- ▶ 2 hours per day access to mineral-medicinal water pools (reservation required)

Availability: vouchers valid until 30/12/2024, subject to availability.

Prices: €190,00 per person.

Extra activities (not included):

- ▶ Eco Boat with wine tasting
- ▶ Kayak initiation
- ▶ Paddle surf initiation
- ▶ E-Bike tour.

Prices: from €20,00

More information:

<https://www.caldaria.es/tarjetas-y-bonos/>



Stay in Sandikli Park Hotel



Package includes:

- ▶ 7-night accommodation with breakfast in double occupancy.
- ▶ Half-board.
- ▶ Access to the pool and thermal areas.
- ▶ 10 minutes of salt room use.
- ▶ 5-10 minutes access to steam room or sauna.
- ▶ Thermal cure for 5 minutes in the thermal pool.
- ▶ Water intake (an average of three glasses a day is recommended).
- ▶ Rest or swimming activity in a normal swimming pool.
- **Routine for every day of stay**
- ▶ 1 Classic Massage (30 min) per adult (whole body)
- ▶ 1 Mud tub application per adult person (10 minutes)
- ▶ 1 scrub application per adult person (15 minutes)
- **Additionally, you can enjoy a self-Cooking, self-service, barbecue for once during your stay.

Availability: On request.

Price: from € 592,00 per person.

More information: <https://www.sandikliparkhotel.com/>

Stay in İkbal Thermal Hotel & SPA



Refresh Package includes:

- ▶ 3-night stay in Deluxe room.
- ▶ Half-board (buffet breakfast & dinner).
- ▶ Day 1: Private Thermal Family Bath 60 minutes.
- ▶ Day 1: Sehzazat Hammam Treatment 30 minutes.
- ▶ Day 2: Thermal Mud Therapy 30 minutes.
- ▶ Day 2: Salt Therapy 25 minutes.
- ▶ Day 3: Private Thermal Family Bath 60 minutes.
- ▶ Day 3: Traditional Balinese massage 50 minutes.
- Price:** € 640,00 in single occupancy.
- Price:** € 940,00 in double occupancy.

Rejuvenate Package Includes:

- ▶ 5-night stay in Deluxe room.
- ▶ Half-board (buffet breakfast & dinner).
- ▶ Day 1: Private Thermal Family Bath 60 minutes.
- ▶ Day 1: Sehzazat Hammam Treatment 30 minutes.
- ▶ Day 2: Thermal Mud Therapy 30 minutes.
- ▶ Day 2: Salt Therapy 25 minutes.
- ▶ Day 3: Private Thermal Family Bath 60 minutes.
- ▶ Day 3: Traditional Balinese Massage 50 minutes.
- ▶ Day 4: Cleopatra Bath 30 minutes.
- ▶ Day 4: Relax Massage 50 minutes.
- ▶ Day 5: Private Thermal Family Bath 60 minutes.
- ▶ Day 5: Classic Skin Care w/ Skin Analysis 60 min

Price: € 960,00 in single occupancy.

Price: € 1.440,00 in double occupancy

More information: www.ikbalthermal.com/en/home



Bursa

Holiday Plan Recommendations



Discover the rich history, breathtaking nature, and thermal heritage of Bursa, a proud member of the European Historic Thermal Towns Association.

Nature & Eco Tourism

- ▶ Enjoy fresh air and a peaceful retreat at Harmancık Eco Tourism Facility.
- ▶ Experience history and nature at Keles Kocayayla Tourism Facility, where Orhan Gazi and Nilüfer Hatun's wedding took place.

Adventure & Outdoor Activities

- ▶ Go rafting on the Kocasu Rafting Track with Orhaneli Rafting. Stay overnight at Beyce Natural Life Facility for an immersive experience;
- ▶ Take a boat tour at Gölyazı and watch the sunset over the lake;
- ▶ Experience extreme sports at Adrenalin Park in Gürsu Ericek Lake;
- ▶ Enjoy ATV and jeep safari tours at the Natural Park Facility in Keles Gököz Pond and Kestel Saitabat Green Valley Adrenaline Park;
- ▶ Observe the Milky Way from Başalan Plateau, the darkest point of Bursa;
- ▶ Camp under the stars at Görecik Plateau in Büyükorhan.



History & Culture

- ▶ Explore Iznik, where four great civilizations left their mark;
- ▶ Visit Tirilye, a town with streets filled with history and the scent of the sea;
- ▶ Witness the Alp warrior change ceremony at Osman Gazi's tomb;
- ▶ Discover Bursa's rich silk heritage at Koza Han, the last stop of the historic Silk Road;
- ▶ Relive the conquest of Bursa at the Museum of Conquest;
- ▶ Visit the sultan complexes, the inns region, and Cumalıkızık, a UNESCO World Heritage site;
- ▶ See the Ulu Mosque, the fifth-largest temple of Islam;
- ▶ Observe the Basilica of St. Neophytos in Iznik, inside Iznik Lake.

Thermal & Wellness Experiences

- ▶ Relax in Bursa's famous hot springs;
- ▶ Enjoy a thermal retreat in Oylat after tasting the world-famous İnegöl meatballs;
- ▶ Seek healing at Keramet Hot Spring in Orhangazi.

Gastronomy & Local Delights

- ▶ Savor Bursa's traditional flavors;
- ▶ Try the famous Mustafakemalpaşa dessert after visiting Suuçtu Waterfall.

Unique Experiences

- ▶ Take a scenic cable car ride to Uludağ, the longest cable car line in Europe;
- ▶ Feel the refreshing waters of Saitabat Waterfall in Uludağ;
- ▶ Birdwatch at Karacabey Eskikaraağaç, the European Stork Village;
- ▶ Enjoy a boat tour among lotus flowers in Karacabey Floodplain.

More information: www.gotobursa.com.tr



The European Route of Historic Thermal Towns European Historic Thermal Towns Association (EHTTA)

Member Towns Acqui Terme | Bad Ems | Bad Homburg | Bad Kissingen | Baden bei Wien | Baden-Baden | Bagnères-de-Bigorre | Bagnoles de l'Orne | Baile Herculane | Caldas da Rainha | Daruvar | Enghien-les-Bains | Istiaia-Edipsos | La Bourboule | Łądek-Zdrój | Le Mont Dore | Lipik | Loutra Pozar | Loutraki-Perachora | Mondariz Balneario | Mondorf-les-Bains | Montecatini Terme | Montegrotto Terme | Ourense | Rogaška Slatina | Royat-Chamalières | Salsomaggiore Terme | São Pedro do Sul | Spa | Telese Terme | Truskavets | Varaždinske Toplice | Vichy | Viterbo | Wiesbaden.

Associate Members Governorship of Afyonkarahisar | Budapest Spas cPlc | Bursa Culture, Tourism & Promotion Union | Catalan Thermal Towns Association | Chaves-Verin Eurocity | Clermont Auvergne Metropole | Fédération Thermale et Climatique Française (F.T.C.F.) | Galicia Region | Hellenic Association of Municipalities with Thermal Springs (H.A.M.T.S) | Imereti Region | Resorts Development Agency of Georgia | Karlovy Vary Region | Métropole Grand Nancy | Province of Ourense | Route des Villes d'Eaux du Massif Central.

Great Spa Towns of Europe Baden bei Wien | Spa | Františkovy Lázně | Karlovy Vary | Mariánské Lázně | Vichy | Bad Ems | Baden-Baden | Bad Kissingen | Montecatini Terme | City of Bath.

Photo credits: Baden bei Wien: Christian Husar, Lois Lammerhuber, Alexander Ulz, badenerhof.at | Bad Kissingen GmbH, Bayer Staatsbad, Heji Shin | Bad Ems: Dominik Ketz | Bad Homburg Kur und Kongress GmbH | Chatel Guyon: Aïga Therme & Spa – Mariëlsa Niels | Daruvar: Miljenko Hegedić; Daruvarske toplice | Ourense Province: Caldaria Group | EuroCity Chaves-Verin | Frantiskovy Lazne – J. Konopiský | Imereti - Sairme Wellness Resort | Loutra Pozar | Montecatini Terme | Municipality of Caldes de Montbui | Municipality of Marianske Lazne: Xavier Thomas | Municipality of Montegrotto Terme | Rogaška Slatina, The Other, razvoj komunikacijskih rešitev, d.o.o | Royat Chamalier: Serge Bullo | Vichy Mon Amour | Visitspa.be | Wiesbaden: Mattiaqua.

For more information:

 www.historicthermaltowns.eu

 @HistoricThermalTowns

 @historicthermaltowns

 european-historic-thermal-towns-association

 www.greatspatownsofeurope.eu

 @greatspatownsofeurope

 @greatspatownsofeurope

 @greatestspas

 great-spa-towns-of-europe

Email: office@historicthermaltowns.eu

Email: comms@greatspatownsofeurope.eu

European Historic Thermal Towns Association (AISBL)

Great Spa Towns of Europe

Registered Office: Hôtel de Ville,
Rue de l'Hôtel de Ville 44,
4900 Spa (Belgium)

Registered Office: Stadtgemeinde Baden,
Hauptplatz 1,
2500 Baden bei Wien (Austria)